JANCE YOUR STYLE

Dance on

the go with

our mobile

app!

A free, online community platform where anyone (including you!) can learn to dance

LEVEL	FREESTYLE	CHOREO	LIVE WORKSHOPS!	Mus
Brand NewBeginnerIntermediate	Hip-HopBreakingPopping	 Hip-Hop Contemporary K-Pop 	ChoreographyFreestyleDance Workouts	By styleBy population
• Advanced	 House More! 	 Ballet More! 		

Our Mission

Dance isn't accessible to many people. From studio space to paying for workshops, not everyone has the same access to dance.

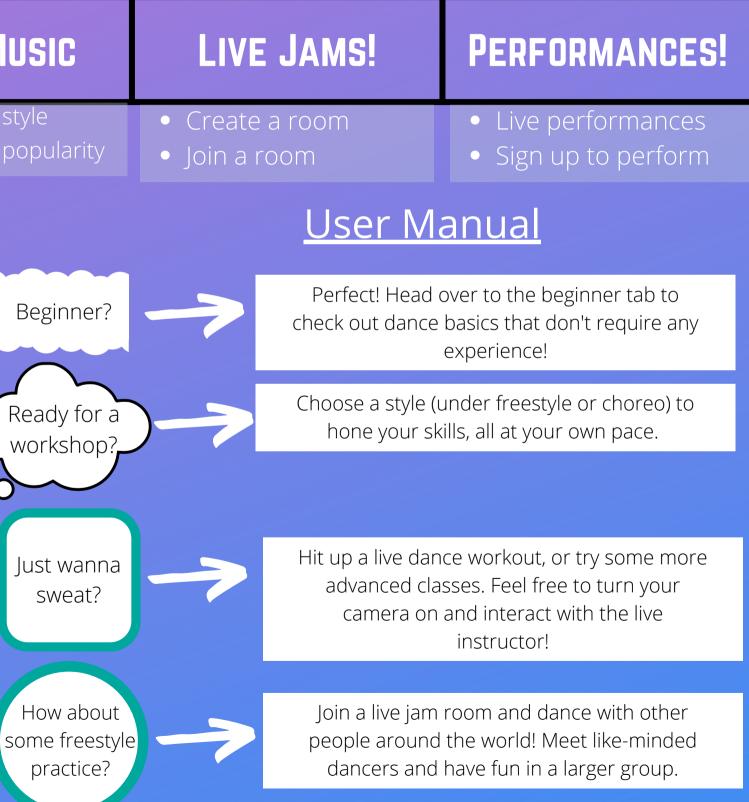
We believe that dance shouldn't have any barrier to entry. Through free dance resources and a community centered around creative expression, we hope everyone can find meaning and flourishing in moving joyfully to music. We want users to feel more comfortable in their body, promoting an exploration of the self through movement. Along the way, we want users to feel a sense of belonging in their dance journey, dancing with a community that supports and is there for them.

Features

- Instructional video playlists catered for all levels and styles
- Live workshops with interaction between dancer and instructor
- Live virtual jam spaces to freestyle and vibe
- Take a look at your progress by recording yourself and seeing the improvement!
- Host or watch live performances with fellow dancers

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DANCE YOUR STYLE **Breaking Workshop**



Taking a workshop?

Scroll down below the video for some information about the dance style. Read about its origin, history, roots, and substyles. Click on links to learn more!

Dancer: Origin: Bronx in NYC Date: Early 1970s

Style: Breaking (Advanced)

Break dancing, also called breaking and B-boying, is an energetic form of dance, fashioned and popularized by African Americans and Latinos, that includes stylized footwork and athletic moves such as back spins or head spins. Break dancing originated in New York City during the late 1960s and early '70s, incorporating moves from a variety of sources, including martial arts and gymnastics.





-Britannica



DANCE YOUR STYLE

Learning to dance isn't accessible for many people. From space limitations to specialized equipment, dance can exclude those who don't have certain means. On top of this, today's increasingly monetized dance industry promotes expensive workshops and a high-fashion appearance. The result is an unfortunate reality where money bars many people from learning to dance. Only those who are more affluent are able to access quality dance instruction. As dance continues to be endorsed for monetary ends, it seems that dancing simply for the sake of dancing has lost its meaning. However, Dance Your Style believes that dance shouldn't have any barrier to entry, and that everyone should have the opportunity to move to music in their own beautiful ways.

Dance Your Style is an online platform (with both a website and a mobile app) that provides dance resources, lessons, and workshops to users wherever they are, all for free. By sharing instructional dance videos and providing foundations in a variety of styles, Dance Your Style hopes to make dance more accessible for anyone who wants to learn. Lessons and workshops are categorized by style, with each style containing video playlists that give users a series of foundational videos to learn from. With videos in both freestyle dances and choreography, users are able to both explore a variety of styles at their own pace.

Taught by seasoned professionals, these videos will not only teach fundamental concepts of each style, but they will also help beginners learn in a sequential manner, building off previous lessons and connecting related concepts together. The hope is that learning to dance is no longer a hardship for those who may not have means to do so.

There is also an aspect of social design, intended to create a community of dancers who want to improve together. With live workshops designed to simulate interactions in a real-life workshop, Dance Your Style wants its users to feel connected throughout their dance journey, meeting and interacting with like-minded dancers along the way. And on top of this, live jams allow users to connect with dancers around the world, allowing for a global sharing of new ideas, concepts, and moves.

Dance Your Style advocates for a world where dance isn't performed for money or recognition, but for the sake of dancing and the joy that it brings about. There's a special sense of release, healing, and expression that a love for dance conveys, but when dance is monetized, people are excluded from experiencing dance's intrinsically human joy. By designing a platform for anyone to access free dance resources, Dance Your Style promotes a creative and emotional flourishing through meaningful movement to music.